

# SoulCollage® Facilitator Training Claridge House, Lingfield, Surrey, U.K. With Linda Woolfson 18 - 22 March, 2020



# SoulCollage® Facilitator Training in the UK

Join a dynamic SoulCollage<sup>®</sup> Trainer with a warm and encouraging style! This is an intensive Training in which you learn how to facilitate this life-enhancing process. Whether you want to expand your range of professional activities, share SoulCollage<sup>®</sup> with friends and family or run workshops in your community, you will acquire a strong, solid knowledge of SoulCollage<sup>®</sup> facilitation and get an opportunity to home in on your own personal style

as a Facilitator. Learn how you can share SoulCollage<sup>®</sup> and give inspiration to others, delve further into your own creativity and take some important steps in your own SoulCollage<sup>®</sup> journey.

The Training will be held at Claridge House, a charming Victorian property now used as a training and retreat centre. The rooms are comfortable and the atmosphere friendly and informal. Delicious, healthy vegetarian food and a beautiful setting with 2 acres of garden complete the picture.

# Becoming a SoulCollage® Facilitator

As you probably know already, SoulCollage® is an intuitive creative process. You create a deck of collaged cards each representing a distinct aspect of the unique person you are. By expressing and exploring the many facets of your personality, your strengths, weaknesses, friends & family, guides & mentors and the forces which mold and motivate you as an individual, you develop your understanding and appreciation of your own life story. SoulCollage® invites you to see yourself as a multi-facetted person, living in the broader context of you community and the wider world. As your deck of SoulCollage® cards evolves, it becomes an ever more nuanced reflection of you as a person and an increasingly valuable resource for guidance and meditation.

As you delve deeper into your personal SoulCollage® practice, you may find that you become so passionate about it that you want to share your enthusiasm with others. You may imagine gathering with your friends to do SoulCollage® together, organising SoulCollage® workshops in your community or bringing SoulCollage® into your working life.

If you are fired by the thought of combining your interest in personal growth with the healing power of creativity, then this training could be for you!

# What you learn in a SoulCollage® Facilitator Training

By participating in this Training, you will acquire the skills you need to become a confident, responsible and inspiring SoulCollage® Facilitator.

#### You will be able to:

- Develop a deeper understanding of the many ways you can offer SoulCollage® to individuals and groups;
- Learn how to listen with two minds: the beginner's mind and the Facilitator's mind;
- Discover how you can support and encourage other people in their SoulCollage® journey of discovery;
- Find out how to create a safe space for people to explore this deeply personal process;
- Inspire your workshop participants by venturing further into your own SoulCollage® practice;

- Develop your understanding of how to get the most out of consulting your SoulCollage® cards by participating in a variety of SoulCollage® card readings;
- Use marketing to your best advantage find out how to create your own mix of on and offline marketing tools to create successful workshops;
- Discover how you can become an active member of the dynamic global SoulCollage® Facilitator community: enjoy a hands-on demonstration of how to join and use the Facilitators yahoo group and social media pages; learn how to write up a listing for your workshops to be posted on the SoulCollage® website and much more;
- Enjoy the powerful synergy generated at a SoulCollage® Facilitator training;
- Network with other people who share your passion for SoulCollage® and want to take it out into the world.

Once you've completed the Training you will receive a certificate entitling you to use the SoulCollage® trademark and logo in individual and group work according to the Principles of SoulCollage®.

#### **Times & Dates**

The Facilitator Training begins on Wednesday, 18 March 2020 with registration at 17.30h followed by dinner at 18.30 h. There will be an introductory session after dinner. The Training finishes at 15.00h on Sunday, 22 March 2019.

### **Training Schedule**

Wednesday 18 March Registration: 17.30h Dinner: 18.30 -19.30h

Short introductory session: 19.30 – 20.30h

Thursday 19 March Breakfast: 8.45h

Training: 9.15 - 13.15h Lunch: 13.15 - 14.15h Training: 14.15 - 18.15h

Dinner 18.30h

Evening free for optional card-making in the studio

# Friday 20 March

Breakfast: 8.45h

Training: 9.15 - 13.15h Lunch: 13.15 - 14.15h Training: 14.15 - 18.15h

Dinner 18.30h

Evening free for optional card-making in the studio

# Saturday 21 March

Breakfast: 8.45h

Training: 9.15 - 13.15h Lunch: 13.15 - 14.15h Training: 14.15 - 18.15h

Dinner: 18.30h

Evening free for optional card-making in the studio

# Sunday 22 March

Breakfast 8.45h

Training, certificates, evaluations: 9.15 - 13.15h

Lunch: 13.00h

Final ceremony: 14.00 - 14.45h

Departures: 15.00h

#### Location

Claridge House, Lingfield, Surrey, England, UK.

Address: Claridge House, Dorman's Road, Lingfield, Surrey RH7 6QH.

Phone: 01342 832 150

Visit http://www.claridgehousequaker.org.uk

### What to Bring

#### For SoulCollage®

Be sure to bring all your SoulCollage® cards (or as many as you can comfortably carry).

Extra images to share A generous stock of images will be provided. It's always stimulating to have a wide a variety of images from as many different people and places as possible, so please bring 20-30 images and/or 2-3 magazines to share with the group.

<u>Blank cards</u> If you are using 5 x 8-inch cards, blanks will be provided. If your cards are another size, bring some blanks for your own card-making.

<u>Glue, scissors</u> (We'll provide these for people coming by air with hand luggage.) <u>Optional</u>: A cutting mat & craft knife if you use these.

# A journal or a notebook

#### Clothing & Personal

Casual weekend clothes suitable for the ever-unpredictable weather in England! A light fleece or throw is useful, particularly for the guided meditation. You might want to bring your camera and a pair of walking shoes for an early morning stroll.

# **Preparation for the Training**

To get the most from the Training the following preparation is essential:

- Your own SoulCollage® deck is a core ingredient of the Training programme. It is essential for you to have made at least four cards in each suit and of the Transpersonal cards, at least a Source card, before coming to the Training.
- Read Seena B. Frost's book, "SoulCollage® Evolving An Intuitive Collage Process for Self-Discovery & Community".
- Familiarise yourself with the "Principles of SoulCollage®" which you can find here: https://www.soulcollage.com/principles-of-soulcollage
- Listen to at least these two of Seena Frost's CDs:
- "Introduction to SoulCollage®"
- "Facilitating SoulCollage® in Groups".

These CDs are available on the SoulCollage® website: <a href="http://www.soulcollage.com">http://www.soulcollage.com</a>. The more immersed you are in SoulCollage® the better, so browse the fascinating list of CDs on the website and maybe add a few more to your collection before the Training.

- Start familiarising yourself with the lively online presence of SoulCollage® by visiting the SoulCollage® Community Organization on Facebook.
- Keeping a journal of your card-making and card-reading experiences will enrich your Training experience.

# Attending SoulCollage® workshops before the Facilitator Training

It is an official prerequisite of the Training to have been to at least one or two SoulCollage® workshops.

If it really is impossible for you to attend any live workshops before you come to the Training, you must complete one of the two following online "SoulCollage® Fundamentals" courses run by the SoulCollage® Institute before you attend the Training:

http://www.soulcollage.com/online-classes-recorded-2014-0710-introduction-to-soulcollage-kat-kirby

or

http://www.soulcollage.com/online-classes-recorded-2014-0527-introduction-to-soulcollage-mariabruna-sirabella

# A note on working with SoulCollage® with children under 18 years old

Children cannot easily make informed decisions about who, where, and what to share safely in engaging in expressive art methods. Therefore to protect children and their emotional expression, SoulCollage® Facilitators who are not licensed therapists, teachers or other specialists working within schools and trained to work with children are advised not to work with collage and emotional expression with children other than their own.

# **Training Location**

Claridge House, Lingfield, Surrey, England, UK.

Address: Claridge House, Dorman's Road, Lingfield, Surrey RH7 6QH.

Phone: 01342 832 150

Visit <a href="http://www.claridgehousequaker.org.uk">http://www.claridgehousequaker.org.uk</a>

#### **Travel Information**

# By train from London

Trains from London Victoria to East Grinstead, stopping at Lingfield, depart every half hour on weekdays. The journey takes 48 minutes. Lingfield station is 1 mile (1.6 km) from Claridge House. There is a taxi rank at the station.

#### By car

Please see the very helpful Claridge House website: <a href="http://www.claridgehousequaker.org.uk/find-us">http://www.claridgehousequaker.org.uk/find-us</a>

# **Training Fee**

The cost of the Training itself is £850.

Early bird discount: book & pay before Wednesday 31 December 2019 and pay only £795. Final deadline for registrations and payments: Friday 21 February, 2020

This fee covers the full Facilitator Training, and all materials including:

- Blank 5 x 8-inch SoulCollage® cards and an abundance of images
- The SoulCollage® Facilitator Training manual
- Your first year's membership of the SoulCollage® professional organization, the SoulCollage® Facilitators' Circle.
- An invitation to join the collaborative SoulCollage® Facilitator list serve (Yahoo group)
- Subscription to the SoulCollage® Facilitator monthly e-newsletter, the Neter Letter
- Specially for you: As an added bonus to my new Facilitators, a free group follow-up call 6 weeks after the Training is included in the training fee.

Payment in instalments may be possible. Email me for details: linda@collageyourlife.co.uk

# Accommodation and all meals at Claridge House:

Cost: £480

This includes all meals starting with Wednesday dinner and ending with Sunday lunch, plus morning coffee and afternoon tea and cake.

Claridge House is a small retreat centre with a very limited number of single rooms. *If you want a room to yourself you are strongly advised to register, pay your deposit for the Training and book your room now!* 

# Please make your own reservation directly with Claridge House.

Phone: 01342 832150.

Please state that you're with Linda Woolfson's SoulCollage® Facilitator Training group when making your booking.

All meals are vegetarian. Please give advance notice to Claridge House of any special dietary requirements.

Deadline for guaranteed accommodation at Claridge House: 19 February 2020.

### Attending the Training as a non-resident

If you live nearby and would prefer not to stay at Claridge House overnight, the cost of your meals (excluding breakfasts) will be £300. Eating lunches and dinners together is an integral part of the Training.

# **Cancellation Policy**

An administration fee of £130 will be subtracted from refunds for any cancellations up to eight weeks prior to the Training. If you cancel with less than eight weeks' notice, if you fail to attend, or if you leave the Training early no refund will be given.

#### Registration:

To register, fill in the application and mail to:

Linda Woolfson, 36 Admiral House, Viersen Platz, Peterborough PE1 1ES, England, UK.

If you prefer you can print out the form, fill it in, scan it and email it to me: <a href="mailto:linda@collageyourlife.co.uk">linda@collageyourlife.co.uk</a>

When you register you will also need to send a deposit of £250 to secure your place. For ways to pay, see Payment options below.

Please email me at linda@collageyourlife.co.uk if you have any questions.

Please see Registration form below.

# **REGISTRATION FORM**

# SoulCollage® Facilitator Training 18-22 March 2020 With Linda Woolfson

Participant Information	
Name:	
Address:	
Telephone:	Email:
Terms of early bird discount:	
Total amount of £795 due by 31 De	ecember 2019
DEADLINE FOR REGISTERING	G & PAYING AT NORMAL PRICE: 21 FEBRUARY 2020
Deposit & price options	
Please indicate your choices belo	w:
	ny place and take advantage of the early bird discount. I ment now at the early bird rate of £795
I will send my £250 deposit 1 31 December 2019	now and I will pay the early bird balance of £545 in full by
I will send my £250 deposit 1 February 2020	now and I will pay the full price balance of £600 by 21
Payment options	
, <u> </u>	cheque. Please make your cheque payable to Linda al House, Viersen Platz, Peterborough PE1 1ES, England,
	bank transfer. Our account details are Santander. Sort code ny Woolfson Ltd. No. 40950072. Please use your name as
I would like PayPal invoices	. Please send them to me. PayPal payments carry an 8%

surcharge.

### **Terms & Conditions**

We strongly advise you to take out appropriate travel insurance to protect yourself against the remote possibility that a Training may have to be cancelled.

To receive your certificate of completion at the end of the Facilitator Training, you must attend all sessions of the Training in full. Please be aware that we have created a very condensed Training course and that receiving your certificate is conditional on 100% attendance of all 8 sessions of the Training.

Linda Woolfson reserves the right to cancel any workshops or training courses, or the participation of anyone, at any time, for any reason. If this happens fees paid in advance will be fully reimbursed.

I have seen and agree to the terms & conditions of this SoulCollage® Facilitator Training
Name:
Signature:
Date: